

# TERMS Timeline

November 2021 - May 2022

Research & Discovery

Refining Areas of Opportunity

Developing & Testing

Distilling & Sharing



## 1 Identify Need & Solution

- Develop a working team
- Research & discovery phase
- Understand the problem/need
- Understand a solution

Experts across health, education, 3rd sector & gov.

Eating Disorders  
- waiting lists,  
- referrals  
- risk

Multi-agency pathway via remote monitoring



## 2 Sharing/Documenting

- Understand opportunities
- Sharing insights
- Develop a live brief
- Document learning & updates
- Develop data collection documents



## 3 Showcase/Branding

- Develop TERMS logo for branding
- Quarterly Newsletter
- Branding for purchase of merchandise
- Social Media / BBC / WG



## 4 Engagement & Ideas

- Reach out far and wide
- Understand current digital, clinical, & educational landscape
- Understand the current 'needs' & 'wants' of key players
- Understand targeted 'population'
- Generate ideas/thinking



- Need?  
- Solution?  
- Population?



## 5 Rapid Review

- Explore UK landscape of school/health digital services for eating disorders.
- Expert opinions



## 6 Data Collection

- Engagement sessions
- Professional consultancies
- School Workshops
- Career Day Visit (Years 7 to 13)
- Patient & family stories
- Surveys
- Model rating
- Co-design & peer-review
- Ongoing PDSA cycles



## 7 Design of Model Prototypes

- A 'stepped model' was first designed.
- A series of remote monitoring services for ED across severities.



## 8 Review of Model

- Model went out to review for feedback.

- Model rejected

Concern a stepped approach would encourage a "tiered, unfair" pathway



## 9 Revised Model Design

- A 'windscreen model' was then designed.
- Further focus applied to 'need', 'solution' and 'population'.



## 10 Dashboard Design

- Mock design of dashboard interfaces
- Prepare design for testing
- Identify testing setting/population

Remote Monitoring  
• Wearables  
• School Kiosk  
• Virtual Links

Interfaces  
• Patients  
• Families  
• Schools (& other)  
• Clinical



## 11 Dummy Test

- Test out ED model
- Test out dashboard interfaces.



## Finish/Present

- Submit & seek further funding