



NHS Wales Video Consulting Service

How to join your virtual training session

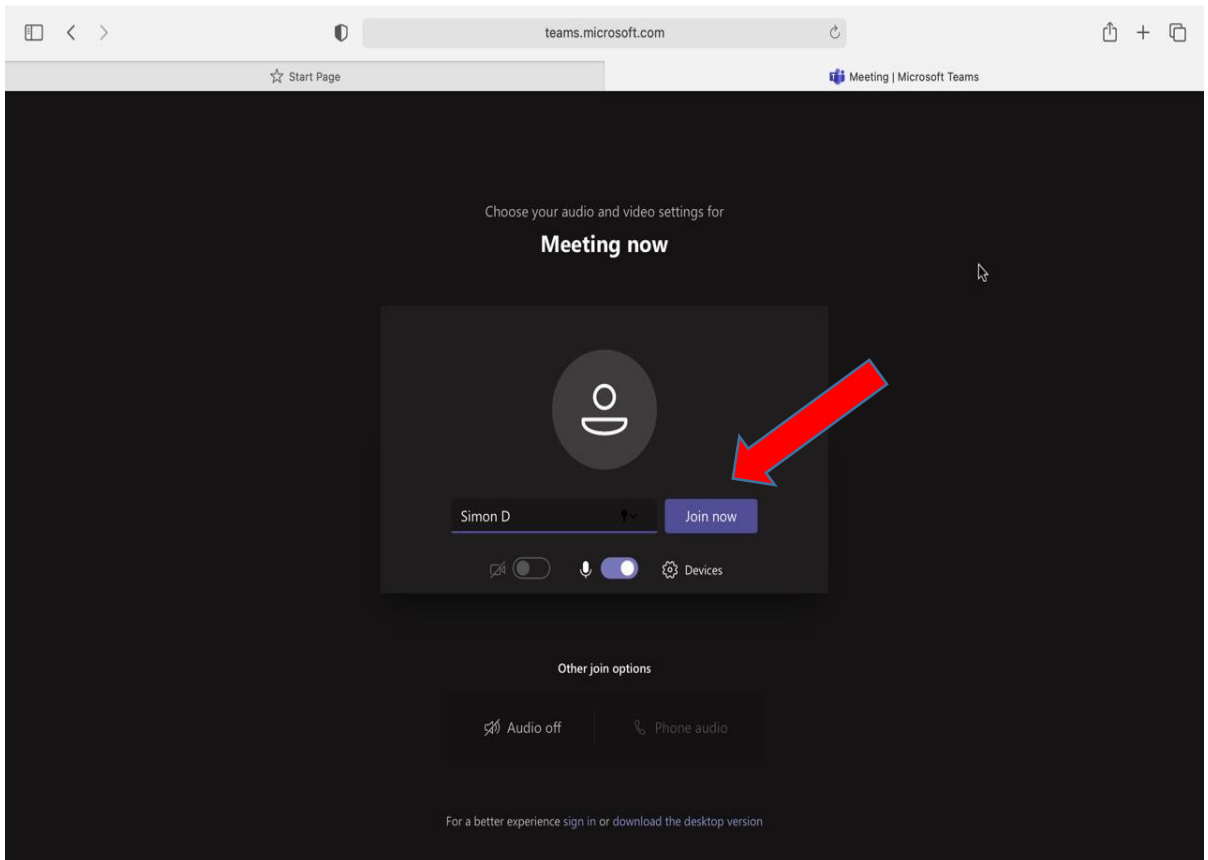
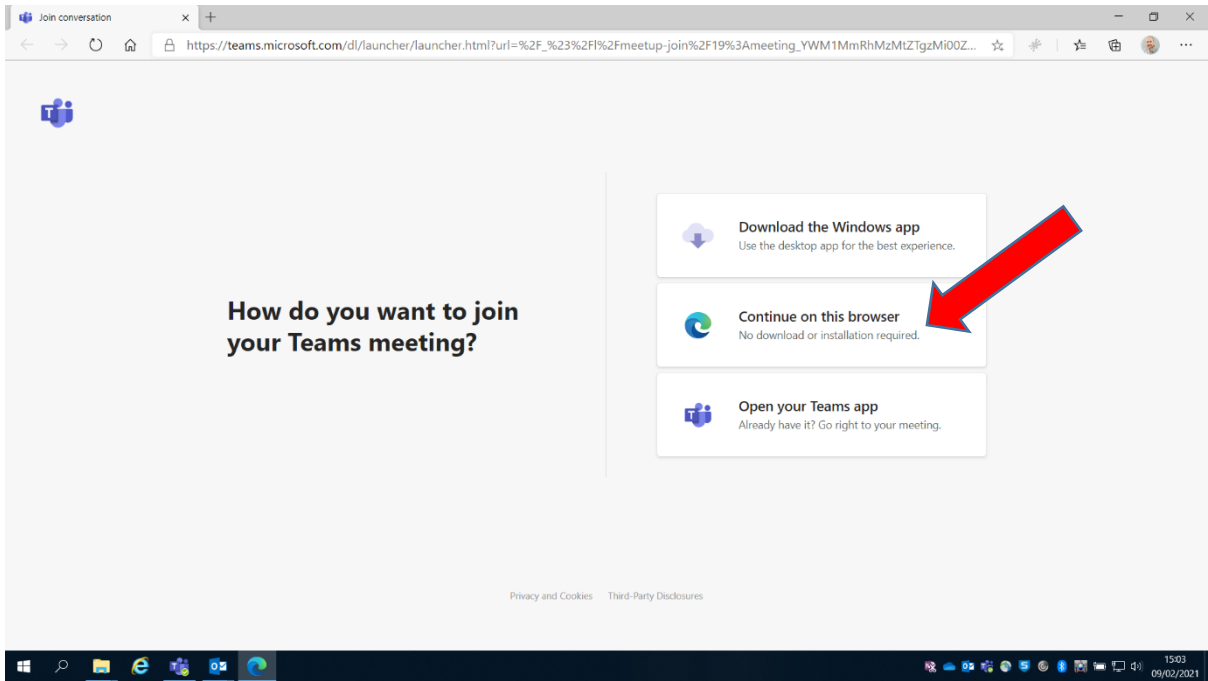
You have been invited to join a training session that will take place online using Microsoft teams. You do not need to have a team's account or download anything to join the training.

You will need;

- A computer, laptop or tablet with a large enough screen.
- Speakers
- Microphone and camera to interact with the trainer. This may be optional please ask your trainer to confirm. However you will be unable to ask questions out loud without this and will have to type them in. You will also be unable to join in any group work. Most modern laptops have these built in.
- A good internet connection. You need to be able to live stream video.
- The latest version of either Google Chrome or Microsoft Edge. (These are both free to download)

To join the training;

- Open the email the trainer has sent you and click on the link marked **JOIN**.
- If you have a team's app allow the permission for the hyperlink and you will join on the app.
- If you do not have a team's app simply click the option to join on browser. You must have the latest version of google chrome or Microsoft edge to do this.



If you wish you can plug your laptop or tablet into a large TV to use as a big monitor to take part in the training, however don't forget the camera and microphone may well still be on the laptop! We would suggest you try this in advance if you want to do this.