


MONTHLY MOUTHCARE ASSESSMENT						
Name:						
Date of Birth:		Date	Date	Date	Date	Date
Date of moving to home:	Date of first assessment:					
Assessment: Accepted (A) or Refused (R) (If assessment is refused, try again later in the day or the next day)						

Part 1: Pre-assessment information	Low risk	Medium risk	High risk	Record the highest risk (L, M or H) to inform the mouthcare plan
Consent	Has capacity to consent	Capacity fluctuates	No capacity to consent	
Part 2: Level of support	Low risk	Medium risk	High risk	Record the highest risk (L, M or H) to inform the mouthcare plan
Level of Support needed for Mouthcare	No help required for mouthcare	Needs some help with mouthcare e.g. help to put toothpaste on toothbrush	Fully dependent on others for mouthcare	


Care Home staff must look in the mouth to do this part of the assessment

Part 3: Oral hygiene and prevention need	Low risk	Medium risk	High risk	Record the highest risk (L, M or H) to inform the mouthcare plan
Daily Diet	Balanced diet		Has a high sugar diet or prescribed nutritional supplements	
Risk of Choking	Low choking risk	Some swallow problems or uses thickeners	High choking risk or PEG / tube fed	
Saliva	Mouth moist, no problems		Dry mouth	
Mouth Cleanliness	Teeth and mouth clean	Some areas of the mouth not clean	Teeth and mouth not clean	
Gum Health	Gums do not bleed on brushing	Gums sometimes bleed on brushing	Gums bleed all the time on brushing	
Part 4: Dental need	Low risk	Medium risk	High risk	Record the highest risk (L, M or H) to inform the mouthcare plan
Dentures <input type="checkbox"/> Upper <input type="checkbox"/> Lower <input type="checkbox"/> No dentures	Dentures clean	Dentures not clean or resident complains of loose dentures. Seek routine advice from the dental team	Dentures broken, painful or recently lost. Seek urgent advice from the dental team	
Natural Teeth <input type="checkbox"/> Upper <input type="checkbox"/> Lower <input type="checkbox"/> No natural teeth	No problems. All appear healthy	Broken or decayed teeth but no pain. Seek routine advice from the dental team	Behaviour indicates dental pain. Very loose teeth. Seek urgent advice from the dental team	
Lips, Tongue and Soft Tissues	All appears healthy	Lips dry or tongue 'coated'	Very sore mouth – white or red patches, ulcers, swelling or thrush. Seek urgent advice from the dental team	
	If dental advice is required, record the date advice was requested			Date
	Completed by			Initial

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